

# Faith & Family

## Family Devos (A Guide for Family Devotions)

Gather in a family room or around the kitchen table. Open a Bible. Read the verses listed. Answer the questions; respond to the statements. Listen to and share with one another. Grow in God's Word—together!

Set a goal for your family. Will you have devotions together one or two days a week? Can you work up to seven days?

- **SUNDAY**—Read Romans 12:1.  
This verse says we are to offer our bodies to God in a holy and pleasing way. What do you think that means?
- **MONDAY**—Read 1 Corinthians 6:19, 20.  
Why is it important for Christians to take care of their bodies?
- **TUESDAY**—Read Daniel 1:11-15.  
What is the result when we eat healthy food?
- **WEDNESDAY**—Read Ephesians 4:29.  
What is the result when we speak kindly to and encourage others?
- **THURSDAY**—Read Ephesians 6:1-3.  
What is one way you can obey your parents today?
- **FRIDAY**—Read Ephesians 5:15-17.  
What opportunity might you have this week to show someone how you live for God?
- **SATURDAY**—Read Proverbs 3:5-9.  
Why should we try to understand and do things God's way?



Find this verse in the Bible. Think of a creative way you can memorize the verse.

### **Micah 6:8**

Talk to God! He's waiting to hear from *your* family!