

Lesson 8 / May 3, 2020

The Holy Spirit Helps Us

By Suzanne Gosselin

for use as
STEP 1**Lesson 8****Focus:**

The Holy Spirit helps us help others.

Lesson 8**Bible Basis:**

Acts 3:1-22; 9:36-43

Lesson 8**Memory Verse:**

“But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you!” —John 14:26

Students will watch a video about some children showing kindness to their neighbor as they consider helping others through God’s power.

Materials:

Internet access

➤ **Think of a time when you helped someone. What happened?** (Answers will vary. Students may talk about helping a friend, family member, someone at school, or a neighbor.)

➤ **Can you think of a time when someone helped you? Tell us about it.** (Answers will vary.)

Many people in our world need help. This has especially been true during the past two months as countries around the world have been working to slow the spread of the Coronavirus.

Some people need physical things such as food, clothes, or medicine. Others need emotional and spiritual help such as encouragement, kindness, and comfort. If we look around at our neighbors and the people we know, it’s easy to see people who need help.

Let’s watch a video about a brother and a sister who helped someone recently.

Share the following video [1:14]:

Ohio Children Remarkable Act of Kindness For Self-Isolated Elderly Neighbor

https://www.youtube.com/watch?v=CO_A-ZyHbiY

➤ **What did the children do to help their neighbor?** (The brother and sister played their instruments for their neighbor who couldn’t leave her house.)

➤ **How do you think their neighbor felt after receiving her private concert?** (Most will think she felt cared for, glad to have something to do and some social contact even though it was at a distance.)

➤ **Why was it important to help the elderly neighbor not feel so isolated?** (Answers will vary.)

➤ **Do you think these children would have been able to think of and carry out this act of kindness without their mother's help?** (Accept all reasonable answers.)

In the video, the children's mother had the idea for them to play their cellos for their neighbor. The mom probably called the neighbor to see if she was up for the visit and then took them to the neighbor's house to help them accomplish their act of kindness. We have Someone with us at all times that helps us help others. Let's discover what Jesus taught us about the Holy Spirit.

(Continue on to Steps 2 and 3 in your teacher's guide; your Step 4 appears below.)

upper elementary



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STEP 4 

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Materials:

- Paper
- Pen/pencils

Peter and John helped people as God showed them the needs. The Holy Spirit helps us help others, too. Ask a volunteer to read today’s memory verse (John 14:26).

➤ **What are some ways the Holy Spirit helps us to help others?** (Answers will vary. Students may say the Holy Spirit reminds us of the things Jesus told us to do such as be kind, forgive, and love others. The Holy Spirit teaches us how to do things and gives us ideas.)

➤ **Who are some people you know who need help?** (Students may mention family members, neighbors, elderly friends, people from school or church.)

Play and watch “Holy Spirit, Living Breath of God” by Keith and Kristyn Getty (half the song should be enough) [3:57]:

<https://www.youtube.com/watch?v=8nbMfLQd2P4>

➤ **What are some of the ways the song said the Holy Spirit works in us?** (Answers will vary. Students may mention the Holy Spirit brings Jesus’ presence, renews my heart and makes me whole, makes God’s Word alive, gives me faith, gives me passion for purity, gives me joy, helps me not sin, helps me to love, helps me show kindness and gentleness, helps me pursue peace, helps me do works of grace, helps to show Christ in all I do.)

Make sure each student has a sheet of paper and a pen or pencil.

The Holy Spirit helps you do many things. He is like the fuel that gives you power to help others. Sometimes the Spirit may even give you a specific idea of how to help someone. For example, you may feel like you should write someone a note of encouragement or share something you have.

Remember the children in the video? They used their musical talents to encourage their neighbor. Colossians 3:17 says, “Whatever you do, whether in word or deed, do it all in the name of the Lord Jesus.” God can use your specific talents and abilities to help other people.

Think about the people you know who need help. They may have a physical need, such as needing groceries or help with a project, or they may need emotional help such as a need for encouragement or kindness.

Have students fold their papers in half and in half again, creating four quadrants. Have them write one of the following titles in each of the four quadrants: “Family member,” “Neighbor,” “Friend,” and “Someone I’ve never met.”

Write one idea for helping each person listed. For example, in the “Family member” quadrant you could write, “I can help Mom with a household project.” Under “Someone I’ve never met,” you could write, “I can pray for a missionary.” Remember, the Holy Spirit gives you the power to help others.

If you are using a social conferencing platform, you may ask a few volunteers to share one of their ideas if they would like to. **Let’s pray and ask the Holy Spirit to help us to help others this week.**

Close in prayer or type out a prayer in a text or e-mail to your students.

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