

Friend In Need

By RLD Editorial Team

for use as
STEP 1

**Lesson 6****Focus:**

God helps us in all we do.

Lesson 6**Bible Basis:**

Acts 18:1-23

Lesson 6**Memory Verse:**

If anyone serves, they should do it in the strength God provides, so that in all things God may be praised through Jesus Christ.
—1 Peter 4:11

As they explore how God helps us in all we do, students will talk about times they have needed help and watch a brief video about a teenager who stepped up to help neighbors in need.

Materials:

Internet access

The more time we spend on something, the better we become at it. But even so, there will always be times we find ourselves needing help.

- **Have you ever realized there was something you wouldn't be able to do on your own? How did you react?** (Be prepared to give your own examples to help prompt discussion.)
- **Have you ever stepped in to help someone else in that kind of situation? What was the outcome?** (Keep discussions brief so everyone who wants to share has an opportunity to do so.)

In this video, someone found a way to help an elderly woman who couldn't get to her car safely on her own—let's watch.

Play the video for the students [stop video at 1:21]:

Teen seen helping elderly woman to her car

<https://www.youtube.com/watch?v=uOII84paM0s>

Discuss the video. **It's always great to see examples of people who are willing to help others. Dashawn's choice to help the woman set an example for others to be helpful too!**

- **Why do you think Dashawn chose to do what he did?** (Possible answers include: He was following the Golden Rule; he was concerned for the woman's safety.)
- **How do you think the elderly woman that Dashawn helped felt?** (Answers will vary but may include: Grateful, thankful, surprised.)

We can imagine how relieved the woman must have been to get Dashawn's help. There

is nothing wrong with needing help; we all need help from time to time. Our lesson today makes that point very clear.

(Continue on to Steps 2 and 3 in your teacher's guide; your Step 4 appears below.)

upper elementary



Lesson 6 / January 10, 2021

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Materials:

- Index cards (1 per student)
- Pens/pencils (1 per student)

If your class is meeting online, invite students to bring an index card and pen/pencil with them to class.

If your class is meeting online, you can transition from Step 3 by inviting students to take a 60-second movement break. They can stand up, dance, do jumping jacks—they can choose. Set a timer and allow students to move before asking them to return to their seats for Step 4.

As students finish their Step 3 exercise, bring their attention back to the lesson focus. **With God’s help, Paul knew he could accomplish great things. He needed God’s help, and God promised to give it.**

- **Why do you think God gives us strength to help others?** (Answers will vary.)

Ask a volunteer to re-read the memory verse aloud.

The strength God gives us to help others provides an opportunity for the world to know what He is like. Paul’s story is a good example of this.

Divide the class into smaller groups; give each student an index card and a pen/pencil. If your class is meeting online, invite students to have their cards and pens/pencils ready.

Allow groups to spend a few minutes brainstorming ways they can help others. They can write all ideas on their index cards. As your preteens work, check in with each group. Be prepared to offer suggestions to help them get started; some possibilities might include visiting and reading to shut-ins, helping at church or at school, writing letters, and more. Once students have had discussion time, ask for a volunteer from each group to share the ideas they came up with. Challenge your students to do one of the ideas for serving others this week.

This week, let’s think about how our act of service will let others know about God. Be sure to ask for His help for strength to accomplish whatever you’ve been assigned to do this week.

Close in prayer, asking God for His blessing and help to serve others.

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