

Out of the Mouths of Lions

By RLD Editorial Team

for use as
STEP 1

**Lesson 10****Focus:**

Obey God and trust Him for the consequences.

Lesson 10**Bible Basis:**

Daniel 6:3-5, 10-12, 16-23, 26a

Lesson 10**Memory Verse:**

Commit your way to the LORD; trust in him and he will do this: He will make your righteous reward shine like the dawn, your vindication like the noonday sun.
—Psalm 37:5-6

Students will consider the process of how to keep trusting God when obedience brings adversity.

Materials:

- Internet access

As you welcome students to class, invite them to share about any trust exercises they might have participated in.

- **Do you find it easy to trust others, or are you slower to trust? Why?** (Answers will vary.)

Learning to trust is an important part of relationships, especially when those relationships are with friends, family members, or teammates. Many of us fear that when we trust, things will go wrong.

Play this video for your students [0:30]:

“Trust building exercise gone totally wrong”

<https://www.youtube.com/watch?v=i9eflq1TxzE>

As silly as this example is, many of us fear that if we trust others, it will end poorly. We may fear rejection or betrayal from the people we trust.

- **What are the risks of trusting other people?** (Accept all reasonable answers.)
- **What would make you feel secure about trusting other people?** (Accept all reasonable answers.)

Following God sometimes means following a different way from those around you or trusting that God's way is worth it even in hard times. Today we'll look at a biblical example of following God and trusting Him with the consequences and reflect on how we can do the same.

(Continue on to Steps 2 and 3 in your teacher's guide; your Step 4 appears below.)

Out of the Mouth of Lions

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STEP 4 

Lesson 10**Focus:**

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10-12,
16-23, 26a

Lesson 10**Memory Verse:**

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Materials:

- None

Daniel made a habit of praying three times a day, building his faith and relationship with God. Perhaps all this time spent with God made it easier for him to trust God. Perhaps his discipline in the everyday made it easier to obey God even during the most trying of times.

Is it hard for you to find time to pray? Do you find it hard to know what to pray about? Let's talk about that.

- **Where do you need God's guidance?** (Accept all reasonable answers. Perhaps with a big decision, how to handle a changing friendship, or moments of peer pressure.)
- **How is God asking you to obey?** (Accept all reasonable answers. God has commanded us to love God and neighbors, care for the poor, to worship God alone, to not lie, steal, or covet, and more. Any one of these may be especially relevant for your students today.)
- **What do you need to trust God with?** (Accept all reasonable answers such as family hardships, finding the right friend group, changing schools, etc.)

Identify three times a day when you can pray to God. The prayers don't have to be long. Think of three times during the day when you have a quiet moment, or when you know things are tough and you especially need to know God's presence is with you. Use these three times during the day to pray about one or all of the situations that you named.

Close in prayer.

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