

Changing Fast

By RLD Editorial Team

for use as
STEP 1

**Lesson 3****Focus:**

When you face tough changes, God is there with His power.

Lesson 3**Bible Basis:**

2 Kings 2:1-15

Lesson 3**Memory Verse:**

The LORD is my strength and my shield; my heart trusts in him, and I am helped.
—Psalm 28:7

As they explore how God is always there with His power when we face tough changes, students will discuss big transitions.

Materials:

- Internet access

It's easy to get used to routines—the things we expect to always be the same. But inevitably, change comes along and mixes things up. Change seems like the only thing we can always count on!

- **What's the biggest change you've had to deal with? What was difficult and what was easy?** (Answers might include: moving to a new city, changing schools, etc.)

Big changes have happened to a lot of people in the last few years. Many schools have switched from in-person to virtual and hybrid classes and back to in-person. Adults who once worked in offices now work from home. Some are going back; some will continue to work from home from now on. These types of changes can be challenging with so many new things to get used to.

- **Think about your family's lives and your own life in the past few years. What did your daily routine look like before the lockdowns for COVID-19? What did your daily routine look like during the lockdowns? What does your daily routine look like now, two years after the initial lockdowns?** (Allow time for discussion.)
- **If you could choose how your daily life looked like from here on out, would it be closest to your life before, during, or after lockdown? Or, would it be a combination of those routines?** (Answers will vary.)
- **What has been the hardest part of all the changing routines?** (Answers may vary.)

Our lives may not have changed too much over the last few years compared to the changes others have faced, but that doesn't mean our situations are any less important or any less challenging. In our lesson today, the prophet Elisha needed help to deal with a big, unexpected change. Let's see what we can learn.

(Continue on to Steps 2 and 3 in your teacher's guide; your Step 4 appears below.)

Lesson 3 / March 20, 2022

Changing Fast

for use as
STEP 4 

Lesson 3

Focus:

When you face tough changes, God is there with His power.

Lesson 3

Bible Basis:

2 Kings 2:1-15

Lesson 3

Memory Verse:

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Materials:

- Index cards (1 per student)
- Pens/pencils (1 per student)

If your class is meeting online, invite your students to bring a pen/pencil and index card with them to class.

As students clean up from Step 3, move back toward the lesson focus. **Elisha knew that he couldn't handle the change of losing Elijah on his own, so he asked God for a double portion of God's power.**

- **When was the last time you needed help dealing with a big change? How did you cope?** (Be prepared to share examples from your own experiences.)
- **Have you ever asked God for help in that kind of situation? What happened?** (Encourage students to share their stories.)

It's easy to forget to ask God for help. When our problems or transitions are small, it's tempting to tell ourselves it's not important enough for God to care about. When they are big, it can be hard to see what God could do at all! But God wants us to ask for His help with *everything* we are going through.

Hand out index cards and pens/pencils to your students. If your class is meeting online, invite them to have those items ready. **Because it can be hard to remember to ask for God's help with changes in our lives, we're going to do an exercise to help each other out. Make three columns of equal size on your index cards.**

At the top of the first column, write "small changes." This column will be for changes in your life that don't seem to bother you too much, but are still different or unexpected. At the top of the second column, write "bigger changes." This space is for things in your life that bother you a little more. At the top of the third column, write "major changes." This space is for big changes that you don't know how to deal with at all.

Take a few minutes to think about what situations you're facing and what space they belong in. If you have a different situation for two or even all three of the spaces, write those down as well. It should just be a few words, enough to remind you of whatever change or other situation you're thinking about.

When your students have had time to finish writing, draw their attention back to the front of the room. **Thanks for spending time on this. Now, I'd like you to each pair off with someone else in the room who will be your prayer partner this week** (if you have an uneven number of students, offer to fill in as a prayer partner for someone yourself). Give students an opportunity to spend a few minutes discussing the situations they've written about and then praying for each other.

This week, spend a little time each day asking God to help your prayer partner through the changes they've written about, and they will do the same for you! Let's see how God comes through.

Close in prayer.

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