

# Escape Route

By RLD Editorial Team

for use as  
**STEP 1** 

**Lesson 4****Focus:**

God will provide a way out of temptation.

**Lesson 4****Bible Basis:**

1 Corinthians  
10:1-14

**Lesson 4****Memory Verse:**

No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it. —1 Corinthians 10:13

**Students watch a video about Escape Room strategies as they explore how God always provides a way out of temptation.**

**Materials:**

- Internet access

➤ **Have you ever done an Escape Room before?** (If any have been in an Escape Room, give them an opportunity to explain the scenario surrounding the challenge and whether they thought it was fun or frustrating, and if they want to try it again under different circumstances. If no one has participated in an Escape Room, let students tell what they know or have heard about them.)

**Some people are really into Escape Rooms—whether they participate in every new one they come across or are into creating the rooms themselves. Here’s some strategies that you can put into practice next time you get a chance.**

Share the following video [3:13]:

7 Tips to Beat Any Escape Room

<https://www.youtube.com/watch?v=YU6aXDR997g>

**Looking for a way out of an Escape Room can be a lot like trying to figure your way out of a sticky life experience—like a temptation.**

➤ **What are a few typical scenarios where you or your peers might feel trapped by temptations you face?** (Answers will vary but may include peer pressure to drink or do drugs, cheat on a test, disobey parents, look at pornography, etc.)

**Being overwhelmed by temptation is a universal problem—but just like the Escape Rooms we were talking about, there is a way out! Today we are going to look at ways to escape and fight temptation successfully.**

(Continue on to Steps 2 and 3 in your teacher’s guide. Your Step 4 appears below.)

Lesson 4 / September 25, 2022

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**Materials:**

- Internet access
- Whiteboard and marker (or screenshared document)
- Index cards
- Pens/pencils

If your class is meeting online, invite students to bring index cards and pens/pencils to class.

**The Israelites faced temptation; the Corinthians faced temptation. The Bible is full of people who were tempted—even Jesus! Our memory verse reminds us that temptation is a common occurrence. But God is faithful, and He ALWAYS provides a way out.**

- **If there's always an escape route, why do you think so many people give in to temptation?** (Answers will vary. Students may talk about not asking for help when it's needed, not recognizing an escape route, or an inner desire that doesn't want to find a way out, etc.)
- **What are some reasons that it's important to look for the "exit sign" when we are tempted to do something we know is wrong?** (Answers will vary but might include: Giving in may seem like a small thing now but may have huge consequences down the line; once we give in a time or two, it just becomes easier and easier; giving in can ruin our Christian example for others and our relationship with God, etc.)

Hand out index cards and pens/pencils. **Earlier we watched a video about strategies on how to beat an Escape Room—in other words, strategies to find your way out. Can anyone recall what they were?** If students remember, have them call them out and write their responses on the whiteboard (or screenshared document). If they don't remember, you could show the video again or share some of them with the students.

1. Ask the right questions
2. Delegate
3. Communicate
4. Organize
5. Time boxing
6. Examine everything
7. Don't overthink it

Have your students get into small groups of two to three. (If your class is meeting online, you can use the breakout room feature of your video chat software.) Ask them to brainstorm how each of these suggestions could be applied to a situation where they are tempted and need to find a way out. If your students need some examples: 5. Examining everything could look like exploring all angles and possible ways out of the situation. 2. Delegate could mean asking a friend, mentor, or family member for help or advice. 3. Communicating the situation to God and other people can help you process the temptation and how to resist it, etc.

Once your students have had a chance to think and write, gather everyone together and let them share their ideas. Encourage your students to jot down ideas to take with them that they might use personally. Supply extra index cards as needed.

Close in prayer thanking God that He always provides a way of escape. Ask for His help in applying the principles you talked about today.

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