

for use as
STEP 1



Lesson 6

Focus:

Look to Jesus and live.

Lesson 6

Bible Basis:

Numbers 21:4-9;
John 3:14-17

Lesson 6

Memory Verse:

Fixing our eyes on Jesus, the pioneer and perfecter of faith. —
Hebrews 12:2a

As they explore fixing their eyes on Jesus, students will watch a video about shark attack survivor to illustrate how looking at the right thing can save your life.

Materials:

- Internet access

➤ **Have you heard of someone who had a “near death” or life-threatening experience? Tell us about it.** (Answers will vary, but students may talk about an accident of someone they know or something they heard on the news or saw in a movie. Be prepared to get things going with a story of your own if no one has anything to share.)

We are going to watch a video about a woman whose life was in danger. Listen carefully to see if you can discover what she focused on to survive.

Share the following video [6:33; stop at 3:51]:

I Survived A SHARK ATTACK | Channel 4

<https://www.youtube.com/watch?v=5LtP9vIdQgc>

➤ **What an amazing story! Were you listening for how she survived? What did Anika do that led to her survival?** (She gave it everything she had to get out of the water; she kept kicking even when she wanted to give up.)

➤ **What are some things Anika could have been focused on that would NOT have helped her survive?** (Answers will vary, but might include: The shark, confusion, her blood in the water, her pain, her fear, the temptation to give up, etc.)

➤ **When you are scared or in a desperate situation, what are some things you tend to focus on that aren't helpful?** (Accept all reasonable answers.)

The fact that life is short and bad things can happen shouldn't be scary if we're focused on the right thing. Looking at the right thing and taking action likely saved Anika's life. One time, when the Israelites were close to death in the desert, God instructed them to look at something specific to live. Let's find out what that was!

(Continue on to Steps 2 and 3 in your teacher's guide; your Step 4 appears below.)

Focused on Jesus

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Materials:

- Paper
- Pens/pencils

If your class is meeting online, invite students to bring pens/pencils with them to class.

As we saw in the earlier video, Anika’s survival instincts saved her life. But as humans, we have an even greater need than survival. We need the salvation that only comes from Jesus Christ.

Ask a volunteer to read Hebrews 12:2. **When we look to Jesus, He not only offers us eternal life but the best life during our years on earth. If you have never made the decision to follow Jesus and trust in Him for salvation, I would love to talk to you about that after we close in prayer.** Help with sharing the gospel with this age group is found in your teacher’s guide.

Hand each student a sheet of paper and a pen (or invite students to have supplies ready at home). Have students draw a line down and across the paper to create four quadrants (or they may fold their papers to create four equal sections). Encourage students to label each quadrant with an area of his or her life. (Examples: home, school, friends, hobbies, future, etc.) Urge them to use the back of their paper to create more space for categories if needed. Instruct your students to write “What would change if I fixed my eyes on Jesus ...” at the top of their papers.

The idea of death can be scary, but Jesus offers us life. How would different areas of your life be impacted if you kept your eyes on Jesus? For example, perhaps you wouldn’t worry about your future, knowing that Jesus already knows all the details and will be faithful to carry out all He has planned for you!

You might want to look up the lyrics for this song and share them with your class. Or, if you feel comfortable, you can play this song in the background as your students write [3:03]:

Lauren Daigle - “Look Up Child” (Audio)

https://www.youtube.com/watch?v=7NAYz0zh_Es

Give students a few moments to think and write their answers in each quadrant. **Keep this paper in your Bible this week to remind you that looking to Jesus brings life. As you keep your eyes fixed on Jesus, He will deepen your faith and help you discover the purposes He has for your life.**

If time permits invite (but do not require) volunteers to share a few things they wrote down.

Close in prayer.

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