

# Knowing Me, Knowing You

By RLD Editorial Team

for use as  
**STEP 1****Lesson 7****Focus:**Jesus knows and  
cares for us.**Lesson 7****Bible Basis:**John 1:43-49;  
10:11-14**Lesson 7****Memory Verse:**"I am the good shepherd; I know my  
sheep and my sheep know me."—  
John 10:14

**Students will watch a video about a modern-day shepherd to help them consider how Jesus, the Good Shepherd, loves and cares for them.**

**Materials:**

- Internet access

Sheep aren't known as the most intelligent creatures out there. In fact, many sheep get themselves into tricky situations—over and over again. This is why the role of shepherds is so important. Let's take a look at a sheep who keeps getting itself into a tricky situation, as well as how the shepherd shows up to help.

Show the following video to your students [1:02]:

How the Shepherd takes care of His Sheeps

<https://www.youtube.com/watch?v=sSNYSBbl5Bk>

**In this video, we witnessed a shepherd continually caring for the sheep by turning it right side up and making sure it was okay.**

- **What are some of the other things shepherds probably do to care for their sheep?** (Makes sure they have the proper food to eat; make sure they don't have illnesses or infections; move them the best pastures; vaccinate them; doesn't move them too fast; uses herding dogs to bring them to the right spots; etc.)

**While most herds of sheep in the modern world have set areas of land, sheep once had much more freedom to roam. Traditional, historical shepherds roamed hundreds of miles with their flocks, walking at the pace the sheep needed. The shepherds stayed with them at night, too.**

- **Why do you think the shepherds stayed with their sheep all the time?** (Answers will vary. They loved them and wanted to make sure they were always cared for; predators would come that needed to be driven away.)

➤ **Sheep are not the smartest of creatures. They depended on the shepherds to guide them. What kind of bond do you think formed between the sheep and the shepherds?** (Answers will vary; mutually close.)

**Similar to sheep, we can use some guidance, direction, and caretaking.**

**What are some day-to-day situations—at school, at home, or where you spend your time after school—where having your own personal shepherd to show you the way would be helpful?** (Answers will vary.)

➤ **Is there anyone at school or in the family who fills that role for you sometimes?** (Answers will vary; teachers, guidance counselor, coach, parent, grandparent, friend.)

➤ **When have you trusted someone to fill that role—perhaps a friend at school—only to be let down?** (Answers will vary.)

**There is a Good Shepherd who knows us better than we know ourselves. Let's find out about the Shepherd who loves us, cares for us, and can be there in ways no one else can.**

(Continue on to Steps 2 and 3 in your teacher's guide; your Step 4 appears below.)

Lesson 7 / January 15, 2023

# Knowing Me, Knowing You

for use as  
**STEP 4** 

**Lesson 7****Focus:**

Jesus knows and  
cares for us.

**Lesson 7****Bible Basis:**

John 1:43-49;  
10:11-14

**Lesson 7****Memory Verse:**

"I am the good shepherd; I know my  
sheep and my sheep know me."—

**Materials:**

- Internet access
- Lantern printout (1 per student)
- Pens/pencils
- Scissors
- Optional: markers, colored pencils

If your class is meeting online, email the template for families to print ahead of time. Invite students to bring printouts and pens/pencils with them to class.

Before class, print one lantern template for each student.

Printable Lantern Template

<https://www.pinterest.com/pin/325455510548704244/>

**In today's lesson we learned that Jesus referred to Himself as the Good Shepherd. He stays with and cares for His sheep: us!**

➤ **Think about your day-to-day activities, both the joys and struggles. Now imagine yourself as a sheep and Jesus as your shepherd. Describe how differently you might see day-to-day life from this perspective.** (Answers will vary. Students might mention that they would keep moving and not spend so much time on social media or watching TV. They might look differently at things that might become a predator. They might eat healthier. They might get more sleep. They might not complain as much about things they don't want to do.)

**To help us remember how well Jesus knows us, cares for us, and loves us, we are going to make a shepherd's lantern night light. Some historical shepherds would jam the crook of their staff into the ground and hang a lantern from it so they could see at night. Then, they would lie down near the lantern and the sheep.**

Distribute supplies (or invite students to have supplies ready at home). Lead your students through the following steps.

- **Cut out the lantern template from the sheet of paper.**
- **At the top of the lantern, write “I know My sheep.”**
- **At the bottom of the lantern write: “My sheep know Me.”**
- **Color/decorate the lantern using markers/colored pencils** (if using this option)

**Place this at your bedside so when you lie down at night you can remember that Jesus is with you, loving you, and caring about you and all that concerns you.**

Close in prayer thanking God that Jesus is our Shepherd, who knows and cares about us. Ask for help to know Jesus more.

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