

middle school



our Garden Grow?

By RLD Editorial team

for use as
STEP 1 

Lesson 11
Focus:
We need help to grow
as Christians.

Lesson 11
Bible Basis:
Acts 18:24-28

Lesson 11
Memory Verse:
Therefore let us move beyond the
elementary teachings about Christ and
be taken forward to maturity.
—Hebrews 6:1a

Students will consider their capacity to study and learn as they explore growing as Christians.

Materials:

- Internet access

As students, you spend a lot of time learning and growing in knowledge.

- **What is something you have learned recently, at school or otherwise?** (Accept all reasonable answers, from facts learned at school to a new skill, a bit of trivia, or general knowledge they hadn't known before.)
- **Do you enjoy studying and learning, or do you think of it with a negative connotation?** (Accept all reasonable answers. Eight hours a day of traditional learning is not always exciting for teens, but everyone has subjects—academic or not—that they know more about.)

In this video, you'll discover three tips for how to study—and learn—effectively.

Play this video [5:08]:

3 tips on how to study effectively

<https://www.youtube.com/watch?v=TjPFZaMe2yw>

- **Did you learn anything from this video?** (Accept any information from the video.)
- **Is there any advice they left out or that you would add?** (Accept all reasonable answers, such as how to apply this advice to learning a skill rather than information, or any reference to working with others or asking questions.)

As Christians, it is important to continually learn about our faith, and to learn from others. It is okay to ask questions, to be corrected, and to add to your understanding. There are even examples of this in the Bible.

(Continue on to Steps 2 and 3 in your teacher's guide; your Step 4 appears below.)

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Lesson 11 / February 11, 2024

How Does Your Garden Grow?

for use as
STEP 4 

Lesson 11

Focus:

We need help to grow as Christians.

Lesson 11

Bible Basis:

Acts 18:24-28

Lesson 11

Memory Verse:

Therefore let us move beyond the elementary teachings about Christ and be taken forward to maturity.

—Hebrews 6:1a

Materials:

- Internet access
- Index cards (1 per student)
- Pens/pencils (1 per student)

If your class is meeting online, invite your students to bring supplies with them to class.

- **Looking back, what are some ways you've grown in your faith in the past?** (Accept all reasonable answers, such as learning new Bible verses and stories, to learning about the context of those texts, to faith becoming more personal or leading to change to action in one's life, etc.)
- **What sorts of things have helped you grow in your faith?** (Accept all reasonable answers from Bible studies and devotionals to mentors, camps, getting outside one's comfort zone, etc.)
- **How would you like to grow in your faith this year?** (Accept all reasonable answers such as being consistent at having a quiet time, praying for others, finding a mentor, learning about a specific subject, etc.)

Distribute supplies (or invite students to have them ready at home). Instruct your students to write down each of the 3 study tips as they re-watch the video from Step 1: "Testing yourself with flashcards and quizzes; when using flashcards, it's best to mix the deck with multiple subjects; spacing your review across multiple days."

Challenge students to pick one of the studying tips from the video and apply to it learning more about their faith and God's word in the coming week. Discuss this as a group, then have students commit to their action step as they head into this new week. Ideas include:

Peers could quiz them by saying a reference and seeing if they can say that verse. (Tip #1)

Make flashcards with facts or memory verses from different books of the Bible or about different events from the Bible. (Tip #2)

Spread out their learning, prayer, or verse memorization throughout the week to build on that learning and habit. (Tip #3)

Close in prayer.

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