

middle school



Lesson 6 / April 6, 2025

Living by the Spirit

By RLD Editorial Team

for use as
STEP 1



Lesson 6

Focus:

The Holy Spirit works in our daily lives.

Lesson 6

Bible Basis:

John 14:15-21, 26

Lesson 6

Memory Verse:

So I say, walk by the Spirit, and you will not gratify the desires of the flesh.

—Galatians 5:16

Students will watch a video about how technology helps us in our lives and investigate Who provides help that no one else can.

Materials:

- Internet access
- Whiteboard and marker (or screenshared document)

As you welcome students to your classroom, ask them to help you brainstorm a list of technology they or their family members use regularly. Keep track of this list on the whiteboard (or screenshared document). Help them brainstorm as many as possible. Ideas could include cellphones, tablets, laptops, Siri™/Alexa™, Amazon Echo™, cars, traffic lights, Roombas™, etc. When everyone is settled, read your list together.

We interact with technology in so many ways, and in the last several years, technology has been more important to our daily lives than ever before. When the world shut down due to the COVID-19 pandemic in 2020, many things that were once in-person events (like school, church, and work) became virtual.

Although mindlessly playing video games or scrolling social media for hours on end isn't the best use of it, technology has improved many people's daily lives in big ways!

Devices using state of the art technology can improve people's lives. Take, for example, this device that helps rescuers and medical personnel locate lost or injured people in the wilderness.

Share this video with your students [4:21; start at 1:00; stop at 1:41]:

Technology That Can Save Lives

<https://www.youtube.com/watch?v=8hq4j0vcv9w>

This device is just one of many ways that technology can make a big, positive impact in the lives of real people.

➤ **Do you know of anyone who has benefited from technology in big or small ways?** (Accept all reasonable answers. If students have trouble thinking of answers, suggest some of the following: video calls with grandparents can brighten their days, robotic prosthetic limbs improve the lives of people who have lost a limb, Roomba™ vacuums simplify people's lives, cell phones make it easier to stay connected with others or call for help if needed, etc.)

➤ **What tasks can you think of that technology could help humans with?** (Encourage creative answers and discussion.)

➤ **How has technology helped you?** (Answers will vary.)

➤ **What are some things that technology can't help humans with?** (Answers may include: relationship issues, love, family problems, etc.)

Technology is becoming a bigger and bigger part of our lives. It can help with all sorts of tasks and change our lives in good ways. There are some things, though, that technology can't help with, and those things are some of most difficult parts of life—such as what to say in difficult situations. But as Christians, we have the promise of a Helper that is better than any robot or human-created assistant. Let's learn more.

(Continue on to Steps 2 and 3 in your teacher's guide; your Step 4 appears below.)

Living by the Spirit

for use as
STEP 4 

Lesson 6**Focus:**

The Holy Spirit works in our daily lives.

Lesson 6**Bible Basis:**

John 14:15-21, 26

Lesson 6**Memory Verse:**

So I say, walk by the Spirit, and you will not gratify the desires of the flesh.

—Galatians 5:16

Materials:

- Internet access
- Index cards
- Pens/pencils

If your class is meeting online, invite them to bring supplies with them to class.

We learned a lot today about the various things the Holy Spirit does for Christians.

➤ **What is one of the things He does that you appreciate the most?** (Answers will vary.)

As we draw closer to Jesus, it gets easier and easier for us to recognize the prompting of the Holy Spirit in our lives. It becomes more natural to follow His lead. The Holy Spirit guides us when we're in a tough spot.

For example, when we're trying to talk about our faith with someone, we can always count on the Holy Spirit's help. Let's imagine taking that pressure up a notch into a situation that would probably make any of us sweat.

Imagine for a moment that you are in the spotlight—maybe at an awards show or after you won a national sporting event like the Superbowl.

➤ **What would you hope to be in the spotlight for?** (Answers will vary. Prompt your students' imaginations if they need it. Maybe for a game-winning Superbowl touchdown? Maybe as an Oscar winner? Someone who discovered the cure for a deadly disease? The first astronaut to touch foot on Mars?)

As a representative of Jesus, living under the Holy Spirit's guidance, would you use that moment in the spotlight to tell the world something about God? It would have to be something quick—just one thing while you have the chance and everyone's eyes are on you. Now the Bible tells us that in that moment, the Spirit will tell us what to say. Luke 12:12 says, "for the Holy Spirit will teach you at that time what you should say."

Distribute supplies (or invite students to them ready at home). Ask them to imagine they're in the spotlight being interviewed. Give them a few minutes to think about what one thing they would say knowing that it must be quick and simple.

After they have written down one thing they would say in that instant, regroup. Ask for volunteers to share their "one thing" with the class.

Even though we might never be able to tell a giant TV audience about Jesus, God gives us opportunities each day to share His truth with the people around us. We can trust that the Holy Spirit will prompt us to say or do the right thing at the right time to share God's love. Take a moment to pray silently about just one person you can share your "one thing" with this week. Write their name on the other side of your card. Pray that you would be sensitive to the Holy Spirit's guidance for the right time and the right words to speak with that person.

After your students have had a chance to pray and write, encourage them to keep their index cards somewhere they'll see often to help them remember their "one thing" and who they've committed to share it with.

Close in prayer asking that you and your students will be sensitive to the Holy Spirit's guidance in your lives.

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