

God Living in Me

By RLD Editorial Team

for use as
STEP 1 **Lesson 8****Focus:**

God wants to live in us.

Lesson 8**Bible Basis:**Exodus 25:1—27:21;
40:17-38;
Leviticus 9:1-5, 22-24**Lesson 8****Memory Verse:**Christ may dwell in your hearts through faith.
—Ephesians 3:17

Students will watch a video clip showing bacteria under a microscope in order to begin thinking about things we cannot see as they explore how God wants to live in us.

Materials:

- Internet access

➤ **Have any of you had a chance to look at cells, germs, or a drop of water under a microscope? What did you see?** (Give preteens an opportunity to share if anyone has had this experience.)

It's easy to look at the world around us and think that's all there is to see, but in reality, there are all sorts of things going on. Take, for example, bacteria that can cause infections or illnesses, such as bronchitis. Although we cannot see bacteria, it infects many people worldwide. Let's take a look at bacteria—and antibiotics that can fight it—up close:

Share the following video clip with your students [0:57]:

Something weird happens when you add ANTIBIOTICS to BACTERIA under the microscope!

<https://www.youtube.com/shorts/XI-D3TkITJg>

➤ **What stood out to you about the bacteria?** (Students may comment on the shape or motion of the bacteria.)

➤ **We cannot see bacteria—or the way antibiotics fight it—without a microscope. What are some other things that we know are there but we can't see?** (Students may mention electricity—even though we see it in the form of lightning, it normally flows through wires without being seen; air—we see the effects of air and wind but not air itself; microwaves that make wi-fi work; magnetic waves that make a compass point north; gravitational waves that cause high and low tide, etc.)

God created an amazing world where a lot of things take place that we have to accept without being able to see visible evidence. Today we're going to talk about something else we can't see but means more to us than anything else—let's see what the Bible has to say.

(Continue on to Steps 2 and 3 in your teacher's guide; your Step 4 appears below.)

Lesson 8 / October 26, 2025

God Living in Me

for use as
STEP 4 **Lesson 8
Focus:**God wants to live in
us.**Lesson 8
Bible Basis:**Exodus 25:1—27:21;
40:17-38;
Leviticus 9:1-5, 22-24**Lesson 8
Memory Verse:**Christ may dwell in your hearts through
faith.
—Ephesians 3:17**Materials:**

- Paper
- Pens/pencils
- Optional: Internet access

If your class is meeting online, invite students to bring supplies with them to class.

God went to great lengths to be with us! In the Old Testament, God's presence dwelt with the people in the tabernacle. When Jesus came to earth to die on the cross and rise again, He made it possible for us to have God's Holy Spirit living inside us!

When we have faith in Jesus, repent, and are baptized, Ephesians 3:17 tells us that He comes inside of us and dwells in our hearts. This isn't talking about the heart that pumps blood through our bodies. He comes into the part of us that thinks and feels, and He fills us with His love and peace. Invite any students who have never made the decision to put on Jesus in baptism and put their faith in Him for salvation to come talk with you after class. Help in sharing the gospel with this age group is found in your teacher's guide.

Just like all the things we talked about earlier that we can't see but are there anyway, we can't see the Holy Spirit. But the Bible promises that He is with us, beginning the moment we believe and are baptized. And He is doing more in our hearts and minds than we can imagine.

Distribute supplies (or invite students to have them ready at home). Have children draw a line down the middle of the paper creating two columns (or they may fold their papers lengthwise). Encourage students to write "INSIDE" at the top of the left hand column and "OUTSIDE" on the top of the right-hand column. Have them draw a stick figure of themselves on both sides of the line. Remind children that the "OUTSIDE" represents their physical bodies and the "INSIDE" is their minds, attitudes, and emotions.

God wants to live in us. As He dwells in our hearts, we become more like Jesus. What evidence can you see in your outside/body and inside/soul that God lives in you? Next to their stick figures, have them write down one or two ways they might see evidence of Christ dwelling in them. Provide these examples:

Outside: I use my mouth to worship God, I use my arms and hands to show kindness rather than hurt others, I use my mouth to speak good words instead of negative ones.

Inside: I concentrate my mind on Scripture, I allow God to take control of my thoughts, I say a silent prayer when I need help or am afraid.

Optional: If you feel comfortable, you might want to play this song as students think and write [4:30]:

Tim Hughes - Everything

<https://www.youtube.com/watch?v=SOY-eHUsHdM>

When your students are done, challenge them to hang this paper in their room this week as a reminder of how Jesus is making a difference in their lives. **As you trust in Him, He will change you in amazing ways from the inside out.**

If time permits invite (but do not require) volunteers to share a few things they wrote down.

Close in prayer.

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