

# Depending on the Plan

By RLD Editorial Team

for use as  
**STEP 1**

**Lesson 1****Focus:**

Real heroes  
depend on God's  
plan.

**Lesson 1****Bible Basis:**

Judges 6

**Lesson 1****Memory Verse:**

The LORD Almighty has sworn,  
"Surely, as I have planned, so it will  
be, and as I have purposed, so it  
will happen."  
—Isaiah 14:24

**Students will watch a clip of paramedics talking about some of the necessary supplies to stock an ambulance to help them grasp the importance of having a plan and being prepared.**

**Materials:**

- Internet access

Some people say that there are two kinds of people in the world: the ones who won't start anything without a plan and the ones who dive in with both feet! That might not be entirely true, of course. There are times when all of us are more cautious or less cautious, depending on the situation. Sometimes we think it is fine to go ahead without a plan; other times a plan seems important.

➤ **Do you think you work better with a plan or without one? Why or why not?**  
(Answers will vary.)

➤ **What are some areas where it is really important to make sure you are prepared?**  
(Possible answers: completing schoolwork, organizing a group project, packing for a trip, etc.)

**Having a plan can be really important. If you go into a serious situation without a plan, or if you interfere with a good plan, the results can be completely unpredictable! In the clip we're about to see, a couple of paramedics walk us through a few of the necessary supplies needed on ambulances to care for people.**

Share this video with your students [1:42]:

Our Favorite Ambulance Stock Items!

<https://www.youtube.com/watch?v=Z2fNMB8iTD0>

➤ **Why is it so important for ambulance staff to be prepared with their supplies?**  
(Accept all reasonable answers. When an emergency happens, they have what they need to help others. They wouldn't have time to drive back to the hospital and get more supplies each time they needed to help others.)

➤ **Would paramedics be able to help others to the same level if they didn't have plans and preparations? (No.)**

**Health care workers are a great example of modern-day heroes who live sacrificially and help others. Being a hero usually isn't easy. The Bible is full of examples of heroes who were able to accomplish great things because they were willing to recognize and depend on God's plan. Let's take a look.**

(Continue on to Steps 2 and 3 in your teacher's guide; your Step 4 appears below.)

Lesson 1 / December 7, 2025

# Depending on the Plan

for use as  
**STEP 4** **Lesson 1****Focus:**

Real heroes depend  
on God's plan.

**Lesson 1****Bible Basis:**

Judges 6

**Lesson 1****Memory Verse:**

The LORD Almighty has sworn,  
"Surely, as I have planned, so it will  
be, and as I have purposed, so it will  
happen."

—Isaiah 14:24

**Materials:**

- Index cards
- Pens/pencils

If your class is meeting online, invite students to bring supplies with them to class.

As students are finishing their activities from the last step, bring them back to discussion of the lesson focus. **In today's lesson, we learned about the importance of following the right plan.**

- **Who faithfully followed God's plan in our lesson today?** (Gideon.)
- **Were the plans God had for Gideon the sort of plans that a person would ordinarily choose on their own?** (No, they were far different.)

**One of the most challenging things for us in following Gideon's example is to trust and depend on God's plan when we think we have a better idea. Our plans often seem easier, quicker, or more reliable, because we only see one part of the situation. God's plan, on the other hand, is always right—He sees the beginning and the end and all that's in between.**

- **Have you ever chosen your own way to do something when you'd been instructed to do it another way? Tell us about it.** (Answers may vary; be prepared to share your own experience.)

**We can't follow God's plan if we don't know what it is. So, it's very, very important that we listen to God!** Distribute supplies (or invite students to have them ready at home). **Think about an area in your life where you might be struggling to know what God's plan is. Maybe it has to do with school, or with a situation at home, or with an upcoming task you don't know how to handle. Write a word or phrase to remind yourself of this area of your life on the front of your index card.** Once this step is complete, divide the class into small groups. (If your class is meeting online, you can use the breakout room feature of your video chat software for this step.)

**Now, you don't have to show the other members of your group the area of your life where you're struggling. But brainstorm ways where God might be telling you His plan for you. As you go around the circle, write down the ways God might be speaking to you on the back of your index card.** Some groups may require coaching; e.g., God speaks through the Bible, through parents and other authorities, and through circumstances.

**As you go into this week, use the tools and ideas we've come up with today as a way to remind you to listen for God's plan. When you see what God wants from you, be sure to follow it!**

Close in prayer.

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