

Lesson 5 / January 4, 2026

Who Is Jesus, Anyway?

By RLD Editorial Team

for use as STEP 1

Lesson 5**Focus:**

We can know who
Jesus is.

Lesson 5**Bible Basis:**

John 1:29-34

Lesson 5**Memory Verse:**

He is the atoning sacrifice for our sins, and not only for ours but also for the sins of the whole world.

—1 John 2:2

Students will watch a video clip about DNA testing as they talk about their identity in preparation to start thinking about Jesus' identity.

Materials:

- Internet access

Welcome your students as they enter. As everyone settles in, have a discussion about where your families and ancestors come from. Some students might know more about their genealogy than others. You can include conversation about family traditions with questions such as: What do you eat at holidays? Do you have any family traditions from different cultures?

In our culture, DNA tests to determine your ancestry or genealogy have become really popular. Basically, you spit into a tube and send it to a lab to analyze. The company then sends you back information about where your ancestors came from. If you search online, you can find tons of stories of people being shocked by the new information they learned about their ancestors.

DNA tests have even become popular for people to administer to their pets so they can learn more about the breeds of their pets. Let's watch a video of a dog who had surprising DNA test results.

Share the following video with your students [3:07; stop at 2:18]:

Family adopts dog, discovers unbelievable DNA connection

<https://www.youtube.com/watch?v=fu1-L9y6JKA>

➤ **Although this video talks about a dog's DNA test and surprising results, these types of tests are also popular for people to take so they can learn about their history and heritage. Has anyone in your family had a DNA test done? What facts about their heritage did they discover? (You may not find anyone in your group who has had this done yet. If not, ask, "Would you like to find out more about your heritage?")**

➤ **Why do you think these DNA tests are so popular with many in our culture?** (Answers will vary. People want to know where they came from. It's just interesting. Our past is part of our identity, etc.)

- **Why might it matter to people if they find out their ancestry isn't what they thought it was?** (Answers will vary. Maybe they'll discover a mystery in their family history, maybe they'll discover that they're actually a part of a group against which they previously discriminated, etc.)
- **Our genes and family history make up part of our identity, but they certainly don't determine our whole identity. What else is important to a person's identity?** (Where they live, what they like, their religion, the choices they make, their talents, etc.)
- **If someone asked you who you are, what other parts of your identity would you want to highlight?** (I like basketball, I'm quiet, I'm outgoing, I like school, etc.)

We just learned the background of Jesus' identity: where He's from, who His ancestors were, and so on. Today, we get to dive into a new part of Jesus' identity: the part that teaches us just how important and unique He is.

(Continue on to Steps 2 and 3 in your teacher's guide; your Step 4 appears below.)

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Materials:

- Internet access
- Whiteboard and marker (or screenshared document)
- Smartphones
- Paper
- Pens/pencils

If your class is meeting online, invite students to bring supplies with them to class.

➢ **Thinking back to our lesson, what are the two major identifying factors that John the Baptist tells us about Jesus?** (He is the Son of God, and He's the Lamb of God.)

➢ **How would you sum up what those names mean in one sentence each?** (Jesus is God's only begotten Son—He is unique and 100% God and 100% human at the same time. Jesus is the Lamb of God—He came to be the sacrifice for our sins.)

When we live openly as followers of Jesus—unafraid to talk about Him and follow Him, it's inevitable that people will ask us, "Who is Jesus?" It's important that we think about how we would answer that question so we're ready when the situation arises. Have your students pair up in groups of two or three—make sure everyone has access to Bibles, Bible concordances, a smartphone, etc. If necessary, help them access the following on their smartphones and research, Who Is Jesus?

(You might find the following website helpful, although 21st Century Christian cannot endorse the entire content.)

https://www.gqkidz.org/search.php?zoom_sort=0&zoom_query=who+is+jesus

Help them explore this webpage together by clicking on some of the highlighted topics, etc.

➢ **What are the most important things about Jesus you would want to make sure you mention when asked who He is?** (He's God's Son, He paid for our sins by being the perfect sacrifice, He is the reason we can live forever with God. Write the answers on the whiteboard [or screenshared document].)

Distribute supplies (or invite students to have them ready at home). With their partner(s), have them explore the question, “Who is Jesus?” Ask your students to write down any facts they find out that responds to this question. Encourage your students to share what they find with someone else sometime this week. Remind your students that Jesus promises to be with them when they take a chance to share about Him.

End with prayer, asking for wisdom in answering the questions that people around us have about Jesus and for God’s presence as we try to answer.

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