

# faith & family

## Life Source

### Family Devotions

Hopefully your preteen is beginning to develop a habit of personal devotions. But there are still plenty of times when your input is needed—and valued. Encourage your child to read the daily Scriptures. Read the verses yourself. Use the questions to help your preteen understand the verses and apply them to life. Discover and learn from God's Word—together!

- **SUNDAY**—Read Ephesians 4:2-6.  
What does it mean to be “completely humble”? How can you depend on God when someone in your circle of friends gets on your nerves?
- **MONDAY**—Read Ephesians 4:25-29.  
Can you name the actions listed in these verses that can help you keep unity with other people? Which of these do you need to improve on the most?
- **TUESDAY**—Read Ephesians 4:32.  
What are some ways you can be kind to others? Who has already forgiven you?
- **WEDNESDAY**—Read Philippians 4:8.  
Do you ever think about unwholesome things? God knows your every thought. How does this make you feel?
- **THURSDAY**—Read Philippians 4:9.  
What does Paul ask fellow believers to put into practice? Who are some people in your life who work well in a team situation? How can you follow their example?
- **FRIDAY**—Read James 1:19, 20.  
Have you ever been quick to anger? How do anger and harsh words break up groups of friends?
- **SATURDAY**—Read John 15:20.  
Who is speaking here? What is Jesus trying to explain to His followers? Have you ever been made fun of because you believe in God? How do you trust God in these situations?



**POWER SURGE**

Find these verses in the Bible.  
Together, memorize the verses.  
**Romans 12:4-6a**

Talk to God! He's waiting to hear from you!